

Ten Guiding Principles of the Individualized Care Plan

- Family Voice and Choice
- Team Based
- Natural Supports
- Collaboration
- Community-Based
- Culturally Competent
- Individualized
- Strength Based
- Persistence
- Outcome Based

What is our Theory of Change?

- A focus on the youth and family's prioritized needs
- Promoting Self-Efficacy
- Identifying and developing a Natural Support System
- Collaboration of Services through an Integration of Plans

Characteristics of the Care Plan

- Developed by Family-Centered Team.
- Plan is Individualized.
- Driven by needs rather than services.

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“Dedicated To promoting recovery, resilience, and wellness for individuals, families, and the community by providing comprehensive and effective behavioral health services through a caring responsive partnership.”



Northeast Counseling Services

Joint Planning Team/ High Fidelity Wraparound



Luzerne and Wyoming Counties



What is JPT?

JPT is a youth guided and family driven planning process that follows a series of steps to help youth and their families realize hopes and dreams and allows more youth to grow up in their homes and communities. It is a planning process that brings people together (natural supports and providers) from various parts of the youth and family's life. It allows the youth and family to identify their unique needs and develop an individualized plan guiding them to recovery.

Who is Eligible?

- Youth from age 5-21
- Youth with complex emotional and behavioral health issues
- Youth with multisystem involvement
- Residents of Luzerne or Wyoming County
- Youth at risk for out of home placement

Must be eligible for Medicaid

Joint Planning Team Workforce

Supervisor/Coach– Qualified Mental Health Professional who will guide staff and provide direct support to staff and families.

Facilitator– Supports the youth and family through the use of an Individualized Care Plan.

Family Support Partner– Parents who have raised children with complex behavioral health challenges.

Youth Support Partner– Young adults with personal experience in managing their own complex behavioral health challenges.

Phases of the Joint Planning Team

1. **Engagement**– Discussing the shared vision with the team.
2. **Planning**-Creating the Individualized Care Plan.
3. **Implementation**– Putting the “plan in action”. Progress is continually reviewed.
4. **Transition**– Team helps to develop a transition to natural supports, community supports, & professional services if necessary.

How long is the process?

The JPT process varies for each family. It does take time for families and youth to establish natural supports and improve their skills. Most families can expect to be enrolled in JPT for 6-18 months.

How do referrals work?

Any agency or family member that is looking to request services for a youth and family should fill out the Joint Planning Team referral form, which can be completed by computer or hand. The JPT has a caseload of 25 youth and families. There is no cost for families to be a member of the JPT. The JPT partners with other providers and is not a substitution for their services.

